

Date Reviewed	<h2 style="margin: 0;">School Wellness Policy and Resources Assessment Form</h2>	Reviewer/s initials
Agency name		City

Please answer each question ↓	Enter comments specific to this question ↓	Circle answer ↓
1. Does the local school wellness policy:	Component 1: Nutrition Education	
1A. Have a goal for nutrition education ?*		YES NO
1B. Provide for students in grades pre-K to 12 to receive nutrition education that is interactive and teaches the skills they need to adopt healthy eating behaviors?		YES NO :
1C. Require nutrition education to be offered in the school dining room as well as in the classroom, with coordination between the foodservice staff and teachers?		YES NO
1D. Provide for students to receive consistent nutrition messages throughout the school in media, in the classroom, in the cafeteria, to the home and community?		YES NO
1E. Refer to nutrition education integration into the health education curricula or core curriculum (e.g., math, science, language arts)?		YES NO
1F. Refer to Coordinated School Health or Team Nutrition and linking nutrition education with them?		YES NO
1G. Require appropriate training for the staff that provides nutrition education?		YES NO
2. Does the local school wellness policy:	Component 2: Physical Activity	
2A. Have a goal for physical activity ?*		YES NO
2B. Provide opportunities for every student to develop knowledge for specific physical activities?		YES NO
2C. Provide opportunities for every student to develop skills for specific physical activities?		YES NO

2D. Provide opportunities for every student to maintain physical fitness? (Possible opportunities include but are not limited to recess, PE classes, walking programs, after-school fitness programs.)		YES NO
2E. Provide opportunities for every student to regularly participate in physical activity?		YES NO
2F. Provide opportunities for every student to understand the short- and long-term benefits of a physically active and healthful lifestyle?		YES NO
3. Does the local school wellness policy:	Component 3: Nutrition Standards	
3A. Establish nutrition standards for all foods available on school campus during the school day?*		YES NO
3B. Ensure that reimbursable school meals meet the program requirements and nutrition standards set forth under the 7 CFR Part 210 and Part 220? *		YES NO
3C. Establish standards to address all foods and beverages sold or served to students, including those available outside of the school meal programs?		YES NO
3Ci. Establish guidelines for foods and beverages in a la carte sales in the food service program on school campuses?		YES NO
3Cii. Establish guidelines for foods and beverages sold in vending machines, snack bars, school stores, and concession stands on school campuses?		YES NO
3Ciii. Establish guidelines for foods and beverages sold as part of the school-sponsored fundraising activities?		YES NO
3Civ. Establish guidelines for refreshments served at parties, celebrations, and meetings during the school day?		YES NO
3Cv. Refer to or adopt the Model Policy standards?	Yes – same Yes – stronger yes – a few less specific Yes – minimal	No mention of policy:

4. Does the local school wellness policy:	Component 4: School Environment	
4A. Set goals for other school-based activities designed to promote student wellness?*		YES NO
4B. Create a school environment that is conducive to healthy eating?		YES NO
4Bi. Require provision of a safe, enjoyable meal environment for students?		YES NO
4Bii. Require provision of adequate time for students to enjoy eating healthy foods with friends, scheduled as near the middle of the school day as possible?		YES NO
4Biii. Prohibit use of food as a reward or punishment?		YES NO
4Biv. Require provision of enough space and serving areas to ensure students access to school meals with a minimum of wait time?		YES NO
4Bv. Ensure fundraising efforts are supportive of healthy eating?		YES NO
4Bvi. Require provision of on-going professional training and development for food service staff and teachers in the area of nutrition?		YES NO
4Bvii. Require the scheduling of recess for elementary grades before lunch so that children will come to lunch less distracted and ready to eat?		YES NO
4Bviii. Require development of strategies for parents, teachers, school administrators, students, foodservice professionals, and community members to serve as role models in practicing healthy eating both in school and at home?		YES NO
4C. Create a school environment that is conducive to being physically active?		YES NO
4Ci. Prohibit denial of student participation in recess or other physical activity as a form of discipline, or cancellation of recess or other physical activity time for instructional make-up time?		YES NO

4Cii. Require provision of on-going professional training and development for food service staff and teachers in the area of physical education?		YES	NO
4Ciii. Provide for student access to physical activity facilities outside school hours?		YES	NO
4Civ. Require development of strategies for parents, teachers, school administrators, students, foodservice professionals, and community members to serve as role models in practicing being physically active both in school and at home?		YES	NO
5. Does the local school wellness policy:	Component 5: Evaluation		
5A. Establish a plan for measuring implementation of the local wellness policy?*		YES	NO :
5B. Identify a person responsible for overseeing the evaluation of the policy implementation? *		YES	NO
5C. Require communication of evaluation progress and results to school administration?		YES	NO
5D. Require communication of evaluation progress and results to the public?		YES	NO
6. Did the local school wellness policy	Component 6: Policy Development Committee		
6A. Involve a variety of folks? (parents, students, administrators, school board, teachers, coaches, community, other)* Please circle which ones were involved.		YES	NO
6B. Specify how the policy would be disseminated to the parents, students, and community?		YES	NO
6C. Specify who will be responsible for implementation?		YES	NO
6D. Specify who will be responsible for evaluation?		YES	NO

General Comments
